

# Shooting Sports - BB/Pellet *(Same for Slingshots)*

## Age Recommendation

The age appropriateness for shooting sports activities is up to the discretion of the person(s) identified as being qualified supervision.

## Qualified Supervision

At least one designated Safety Instructor or Coach who possesses an in-depth understanding of and is well versed in following/teaching the NRA gold standard gun safety rules as well as NRA basic gun safety and the applicable basic firearm instructional book/video and those rulebooks most directly applicable to the activity being performed.

## Restrictions

Restrictions will be determined on an individual basis by the individuals identified as being qualified supervision.

## Unique Safety Recommendations

- Youth protection guidelines must be followed to, from, and during the activity.
- A First-Aid and CPR certified adult leader should be able to be contacted easily, quickly, and have access to a First-Aid kit.
- Always treat a firearm as if it was loaded.
- Always keep the firearm pointed in a safe direction, meaning that if it were to go off, it would not cause injury or damage.
- Always keep your finger off of the trigger until ready to shoot.
- Always keep the firearm unloaded until ready to use.
- Always be aware of what is behind, beyond, and beside your target before shooting.
- Ensure that eye and ear protection are used.

**Helpful Resources** - NRA Safety Rules: [training.nra.org/nra-gun-safety-rules.aspx](https://training.nra.org/nra-gun-safety-rules.aspx)